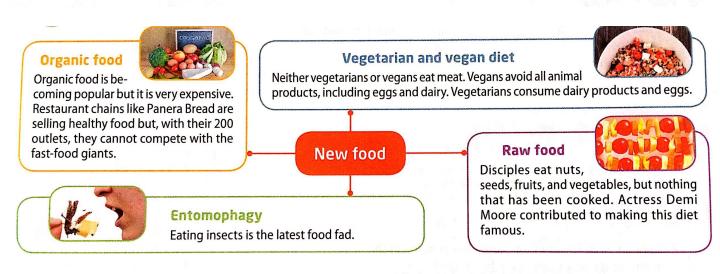
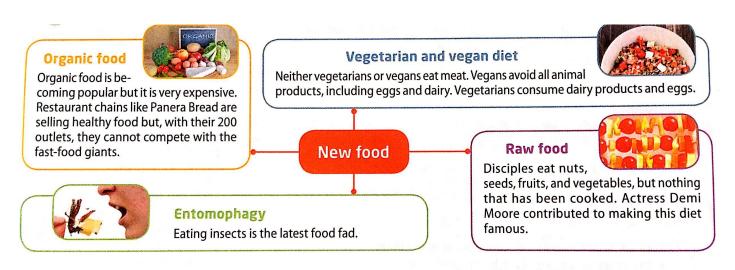
## Vegetarian and vegan diet Organic food Neither vegetarians or vegans eat meat. Vegans avoid all animal Organic food is beproducts, including eggs and dairy. Vegetarians consume dairy products and eggs. coming popular but it is very expensive. Restaurant chains like Panera Bread are selling healthy food but, with their 200 outlets, they cannot compete with the Raw food **New food** fast-food giants. Disciples eat nuts, seeds, fruits, and vegetables, but nothing that has been cooked. Actress Demi Moore contributed to making this diet Entomophagy famous. Eating insects is the latest food fad.

- 1. Find the equivalents for these words: bio, magasin, sain, franchise (§1); régime, éviter, produits laitiers (§2); cru, noix, graines (§3); mode (§4).
- 2. Which food trend are you prepared or not prepared to embrace?



- 1. Find the equivalents for these words: bio, magasin, sain, franchise (§1); régime, éviter, produits laitiers (§2); cru, noix, graines (§3); mode (§4).
- 2. Which food trend are you prepared or not prepared to embrace?



- 1. Find the equivalents for these words: bio, magasin, sain, franchise (§1); régime, éviter, produits laitiers (§2); cru, noix, graines (§3); mode (§4).
- 2. Which food trend are you prepared or not prepared to embrace?