

# A Day in the Life of a Westonbirt Pupil



Hello, my name is Oliver,  
I'm in Year 7 at Westonbirt  
School. Let me tell you what a  
typical day in my life looks like!



On school days, I wake up at 7:30 a.m. and I make my bed. I like it when my bedroom is **tidy**. Then, I go to the kitchen and have a **healthy** breakfast: I drink orange juice and eat cereal with fruit! After breakfast, I go to the bathroom to brush my teeth and wash my face. It is 8:15 a.m.! I get dressed. At school, I must wear a uniform. I wear a shirt with trousers, a tie

and a blazer. Then it is 8:30 a.m.: time to go to school!

When I finish school at 3:00 p.m., I go to my **extracurricular activities**: I have dance practice on Mondays and Thursdays, and I play rugby on Tuesdays and Fridays—my week is really intense! On Wednesdays, I go to the **library** to read because it's calm. At 5:00 p.m., I go to my dad's work and he drives me home. When I arrive, I do my homework in my bedroom or at my mum's desk if I must use a computer. Later, I spend time with my sister and parents in the living room. I eat dinner at 7:00 p.m., then I have a shower and go to bed at 8:45 p.m.

Oliver Jones, interviewed on August 2024

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## Read the text

WB 44

A1

- Pick out information about Oliver.
- List the transparent words about food.
- Pick out the times in the text.

**Great!** Now, say what the text is about.

A1+

- Spot every activity Oliver does in the morning.
- List the activities Oliver does after school.
- List the adjectives to describe his bedroom, and his week.

**Fantastic!** Now, connect the dots: present Oliver's day!